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Lewiston State Normal School Bulletin

1. Announcements of the School of Domestic Science and Manual Arts.
2. Rural Teachers' Training and Extension Work for Rural Schools.
3. Supplementary Catalog.

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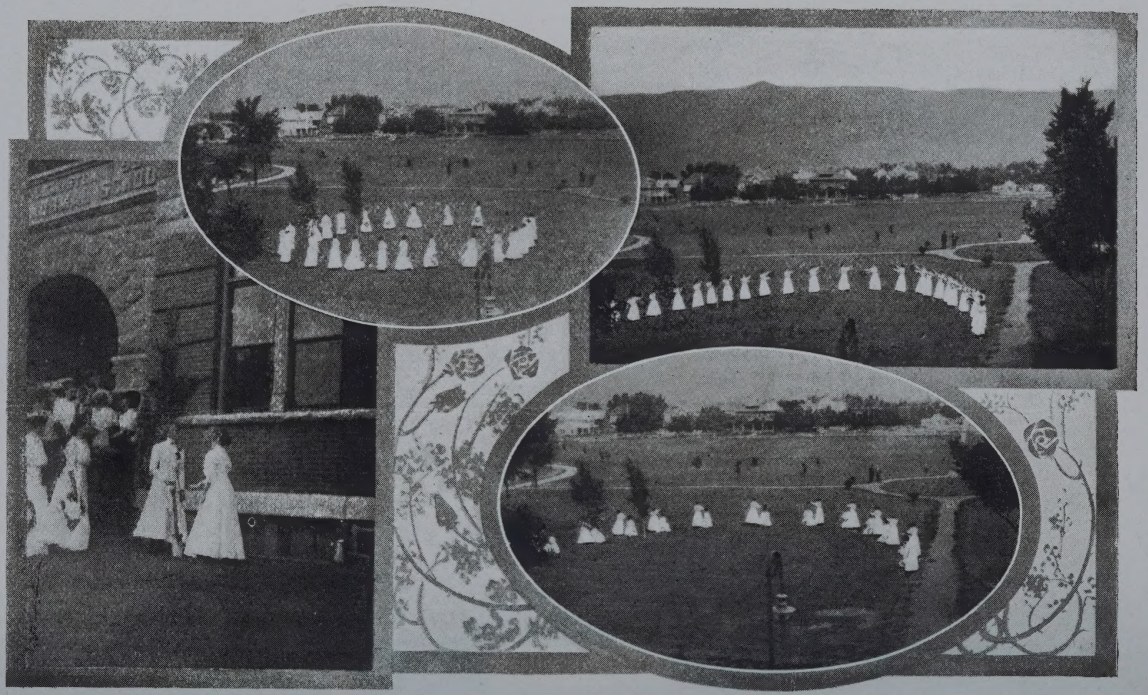
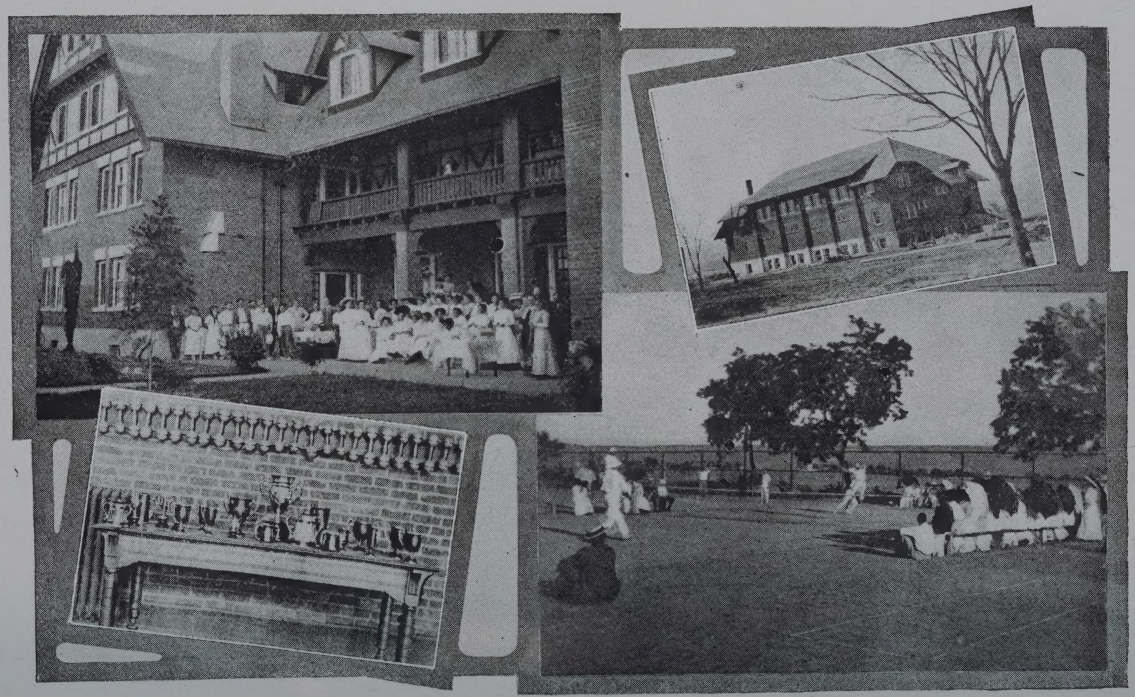


EXERCISES OF IVY DAY, COMMENCEMENT WEEK, JUNE, 1910, NORMAL CAMPUS

CALENDAR 1910-1911

Registration ..... Monday, September 12, 1910
Training School opens ..... Tuesday, September 13, 1910
First Quarter closes ..... Friday, November 18, 1910
Thanksgiving Holidays .....
Thursday, November 24, and Friday, November 25, 1910
Christmas Holidays begin ..... Thursday, December 22, 1910
Exercises resumed ..... Tuesday, January 3, 1911
First Semester closes ..... Friday, January 27, 1911
Second Semester begins ..... Monday, January 30, 1911
Third Quarter closes ..... Friday, April 7, 1911
Annual Field Day ..... Saturday, May 13, 1911
Spring Session begins ..... Monday, May 29, 1911
Training School closes ..... Friday, June 2, 1911
Commencement Exercises .....
..... Sunday, June 4, to Wednesday, June 7, 1911
Spring Session closes ..... Friday, July 7, 1911
Summer Session, Coeur d'Alene begins Wednesday, July 12, 1911
Summer Session closes ..... Wednesday, August 23, 1911



IDAHO STATE TENNIS TOURNAMENT, JUNE, 1910, NORMAL TENNIS COURTS

GROUP IN FRONT OF LEWIS HALL
TROPHIES

GYMNASIUM WHEN NEARLY FINISHED
FINALS IN MEN'S DOUBLES

FACULTY

Additions to and changes in the Faculty since last Announcement

MABEL BRASHER, Graduate Peabody Normal; Student University of Chicago and Teachers College, Columbia

Training Teacher, Fifth and Sixth Grades.

MAUD BROWN CURTISS, Graduate New Britain Normal; Student Teachers College.

Training Teacher, First and Second Grades.

CLARA E. KAPS, Graduate Oshkosh Normal; Student University of Washington, University of Chicago and Teachers College, Columbia.

Training Teacher, Third and Fourth Grades.

SAMUEL W. BROWN, A.B. Stanford, Ph.D. Columbia; Graduate San Jose Normal.

Dean of Professional School: Education.

ALBA BALES, Graduate Pratt Institute; Student Oberlin.

Domestic Science.

EUGENIA F. WAKEMAN, B.S. Teachers College.

Assistant in Manual Arts.

MARY E. FRAZEE, Graduate Indiana State Normal; Student University of Chicago.

Rural Training Teacher.

G. L. CHIESMAN, A.B. Lake Forest University, Student Olivet College.

Physical Education for Men: Assistant in Science.

Librarian

THEODORA R. BREWITT, Graduate University of Wisconsin Library School.

Faculty Committees will be announced in September upon the opening of school.

LIBRARY-STUDY

The former auditorium has been enlarged by the removal of the stage and partitions so as to accommodate approximately two hundred fifty students. The study hall is to be set aside almost exclusively for the use of the Academic School and all students will be required to spend all time between classes in study in the study hall under supervision. Only in cases where formal exemptions have been granted will students be allowed to make arrangements for study elsewhere.

Rooms 7, 8, and 9 have been thrown together into one large reference and library room, and this will serve all purposes as a study room for the Professional School. The library is under the direct supervision of Mrs. Theodora Brewitt as librarian. During the summer vacation the library has been reclassified and generally reorganized. A charging system will be installed so that careful account of the books loaned may be kept and rules enforced as to the length of time for circulation. An analytical dictionary card catalog will form the most important feature of reorganization. The reference section of the library will be especially strong as there are complete files of public documents and there will also be on the shelves bound files of the most useful magazines. During the year the librarian will deliver several lectures to the students of the Professional School for the purpose of giving them an insight into library methods.

ALUMNI ASSOCIATION

At the annual meeting of the Alumni Association the following officers were elected for the year 1910-11:

President, Maude Sullivan; Vice-President, Bernice McCoy; Secretary and Treasurer, Eva Wiseman.

All communications should be addressed to Miss Eva Wiseman, State Normal School, Lewiston, Idaho.

The annual banquet will be held on Tuesday evening of commencement week each year.

GENERAL CONDITIONS RELATING TO ADMISSION

College or university graduates or undergraduates will, upon formal application, be granted such advanced standing in the Professional School as their credentials will warrant. For the most part, all who have completed one year or more of their undergraduate course can complete Course A1 in one year by taking 12 credits in education.

Graduates of four-year *approved* high schools are admitted at once to the Professional School.

Graduates of three year *approved* high schools will be given full credit, and if the work which they have done be equivalent to that done in the Academic School, they will be admitted to the Professional School.

High school students who have not completed a four-year course but who desire to finish at the Normal School, may receive credit for courses passed and will be given advanced standing in the Academic School. Such students should write to the Registrar for an application blank for advanced standing.

Graduates of the eighth grade are admitted to the first year of the Academic School without examination.

Students from rural districts who have not passed the eighth grade examinations may pursue work in the Training School, and upon completion of the grade work of that school will be admitted to the Academic School.

The special requirements governing admission to the various professional courses will be found under heading of the courses to which they apply.

Applications for advanced standing must be accompanied by credentials from the institutions where the training was received Students making such application will be granted such advanced standing as their credentials may warrant.

Students will be admitted at any time but it is much to the advantage of every student to enter at the beginning of a semester, either in September or in February.

CERTIFICATES

The Normal School is empowered by law to grant certificates to its students. These certificates are licenses to teach in Idaho and are subject to state laws governing the nullification of teachers' certificates.

The following certificates are granted:

1. Diploma or Life Certificate. (Courses AI, AII, AIII, and AIV.)
2. First Grade Five-year Certificate (Courses BI-II, BIII, BIV and BVI.)

Certificates are granted upon the following conditions:

(1) Completion of all work prescribed for the given certificate with a general average of not less than 80 per cent.

(2) Not less than two semesters in residence for all "A" Courses and for other courses not less than one semester in residence except by special dispensation of the faculty.

(3) Ability to write and speak correct English; to punctuate, capitalize, and spell correctly; to write neatly and plainly—as shown in *all* school work.

(4) Satisfactory deportment and an attitude toward the work such as becomes a teacher.

A student who has successfully completed one year of any "A" course may, by action of the faculty, be granted a certificate of such grade and duration as, in the judgement of the faculty, his or her record may warrant. Application for such certificate must be filed with the registrar not later than the date of opening of the second semester.

COURSES OF STUDY

This institution offers at the present time two distinct classes of courses, namely, professional courses and academic courses.

The professional courses are again divided into "A" courses and "B" courses, the "A" courses (with the exception of AIV) being two year courses leading to Life Diploma, and the "B" courses being one year courses leading to the granting of special certificates. The minimum requirement for admission to "A" courses is high school graduation or its equivalent; the minimum requirement for admission to "B" courses is the possession of a second grade teachers' certificate or its equivalent.

In the academic department two distinct types of courses are offered—namely, Course C, a classical course, and Course S, a scientific course, A complete outline of the academic courses will be found on pages 26 and 27 of Lewiston State Normal Bulletin Vol. 4 No. 1. These courses are intended to supplement the work offered by public high schools by providing opportunities for high school work not obtainable in the home districts.

The outlines of the "B" courses offered in the Professional School appear in the same bulletin on pages 28, 29, 30 and 31. During the session of 1910-1911 course BV will not be offered because of new courses offered in the departments of Domestic Science and Manual Arts. Courses BI and BII will be combined.

Students who have successfully completed the work of the ninth grade, will be admitted to Course BI-II.

The "A" courses to be given during the session of 1910-1911 are as follows: (All "A" courses lead to Life Diploma.)

COURSE AI: General Course.

COURSE AII: Primary Specialists Course.

COURSE AIII: Domestic Science and Manual Arts Specialists Course.

COURSE AIV: University or College Graduates or Undergraduates Course.

THE "A" COURSES IN OUTLINE

COURSE A1. General Course.

Requirements for admission:

Graduation from Normal Academic School, or
Graduation from approved High School or Academy, or
Graduation from College or University.

Time required to complete the course—two years.

Course of Study:

FIRST YEAR.

First Semester.

Psychology (Ed. A. 1-1)	5 hrs.
Observation and Methods (Ed. A 1-3)	5 hrs.
English and Methods (Eng. A 1-1)	5 hrs.
Geography and Methods (Sci. A 1-1)	3 hrs.
History and Methods (His. A.1-1)	3 hrs.
Arithmetic and Methods (Mat. A 1-1)	3 hrs.

Second Semester.

English and Methods (Eng. A 1-2)	5 hrs.
Geography and Methods (Sci. A 1-2)	3 hrs.
History and Methods (His. A 1-2)	3 hrs.
Arithmetic and Methods (Mat. A 1-2)	3 hrs.
Drawing (Dr. A 1-2)	5 hrs.
Manual Arts (Man. A 1-2)	10 hrs.

SECOND YEAR.

First Semester.

History of Education (Ed. A 2-2)	5 hrs.
Teaching (Ed. A 2-3)	10 hrs.
English (Eng. A 2-1)	5 hrs.
Music (Mus. A 2-2)	5 hrs.

Second Semester.

Advanced Psychology (Ed. A 2-1)	5 hrs.
Sociology (Ed. A 2-5)	5 hrs.
Teaching (Ed. A 2-4)	10 hrs.
English (Eng. A 2-2)	5 hrs.

COURSE AII, Primary Specialists Course.

Requirements for admission: Same as for Course AI.

Time required to complete the course—two years.

Course of study:

FIRST YEAR.

First Semester.

Psychology (Ed. A 1-1)	5 hrs.
Observation and Methods (Ed. A 1-3)	5 hrs.
English and Methods (Eng. A 1-1)	5 hrs.
Geography and Methods (Sci. A 1-1)	3 hrs.
History and Methods (His. A 1-1)	3 hrs.
Arithmetic and Methods (Mat. A 1-1)	3 hrs.

Second Semester.

Primary Methods (Ed. BIII 1-4)	5 hrs.
English (Eng. A 1-2) (Composition only)	3 hrs.
Geography and Methods (Sci. A 1-2)	3 hrs.
Drawing (Dr. A 1-2)	5 hrs.
Manual Training (Man. BIII 1-1)	10 hrs.
Nature Study (Sci. BIII 1-2)	5 hrs.

SECOND YEAR.

Same as for Course AI.

COURSE AIII, Domestic Science and Manual Arts Specialists Course.

Requirements for admission: Same as for Course AI.

Time required to complete the course—two years.

Course of Study:

FIRST YEAR.

First Semester.

Psychology (Ed. A 1-1)	5 hrs.
English (Eng. A 1-1) (Grammar only)	3 hrs.
Cookery (D. S. AIII 1-1)	4 hrs.
Sewing and Handwork (Man. AIII 1-1)	8 hrs.
Chemistry (Sci. AIII 1-1)	8 hrs.
Physiology & Home Nursing (D.S. AIII 1-3)	1 hr.
Drawing (Dr. AIII 1-1)	3 hrs.

Second Semester.

English (Eng. A 1-2) (Composition only)....3 hrs.
Cookery (D. S. AIII 1-2).....4 hrs.
Sewing and Handwork (Man. AIII 1-2).....8 hrs.
Chemistry (Sci. AIII 1-2).....8 hrs.
Physiology & Home Nursing (D.S. AIII 1-4) 1 hr.
Drawing (Dr. AIII 1-2).....3 hrs.

SECOND YEAR.

First Semester.

History of Education (Ed. A 2-2) .....5 hrs.
Cookery and Methods (D. S. AIII 2-1).....5 hrs.
Sewing and Handwork (Man. AIII 2-1).....8 hrs.
Chemistry (Sci. AIII 2-1).....8 hrs.
Bacteriology (Sci. AIII 2-3).....5 hrs.
Drawing (Dr. AIII 2-1).....2 hrs.

Second Semester.

Sociology (Ed. A 2-5).....5 hrs.
Teaching (Ed. AIII 2-2).....5 hrs.
Chemistry (Sci. AIII 2-2).....8 hrs.
Cookery (D. S. AIII 2-2).....5 hrs.
Household Management and Dietetics (D. S. AIII 2-4).....5 hrs.

COURSE AIV, College Students' Course.

Requirements for admission: one or more years of college or university work.

Time required to complete the course—one year.

The course of study will consist of twelve credits to be selected by the registrar from Course AI.

ANNOUNCEMENTS OF THE DEPARTMENT OF DOMESTIC SCIENCE

THE TWO YEARS' COURSE FOR TEACHERS

Since teachers, at the beginning of their professional life, find it advisable to have a command of more than one subject, it has been thought wise to include in this course instruction in both

Domestic Science and Elementary Domestic Art. This course for teachers, therefore, aims to lay a thoro foundation for the teaching of both these subjects, and to prepare graduates to teach Domestic Science in the public schools, and to be instructors in Elementary Domestic Art in the elementary and grammar schools.

The work in Domestic Science includes cooking, dietetics, serving, practical household activities, laundry work, hygiene and sanitation; that in Elementary Domestic Art, handwork, crocheting, weaving, basketry, hand and machine sewing, woodwork and manual training.

Requirements for Admission

Candidates for admission to this course must have graduated from a four-year course in a high school or academy of accredited standing, from the Normal Academic School, or from college or university.

Requirements for Graduation

The length of the Normal course is two years for the unconditioned candidate who has formed mental habits that enable her to work with concentration and increasing effectiveness and endurance. The quantity of work attempted is increased in the second year, in order to form the habit of rapid, satisfactory accomplishment and of endurance in such emergencies as are incident to professional life. The sequence maintained in daily work is: recitation, laboratory or practical work, and field work.

Content of Subjects

(1) *Education.*

The work given in education in this course includes psychology, history of education, sociology, methods and practice teaching. These subjects form a unified course in education that gives a thoro knowledge of general principles and of their specific application in teaching Domestic Science and Domestic Art. Courses of study in Domestic Science and Domestic Art are formulated and equipments planned for school rooms. Much attention will be given to the planning of equipment suitable for rural high schools and for schools where conditions call for inventive and creative power on the part of the teacher. Practice classes are taught under supervision. The period of practice teaching extends over the last eighteen weeks of the senior year.

(2) *Science.*

The work in science incorporates co-ordinated courses in chemistry, advanced physiology, and bacteriology. The study of chemical theory

and of qualitative and quantitative problems—including analysis of foods and investigation of the properties of food—constitutes the subject matter as presented. In the course in physiology, which presupposes a knowledge of the basal facts of the subject, are considered function and structure (with emphasis upon digestion and the organs of special sense) hygiene (both public and personal) emergencies and home nursing. Its specific chemical problems are definitely embodied in the course in chemistry. Bacteriology involves training in laboratory practice, the discovery of principles and of their significance and application to life problems. The study of yeasts, molds, and bacteria and their relation to food is supplemented in the work in cookery by a course on the care and preservation of foods.

(3) *Science, applied.*

Science as applied includes all forms of practical housework, namely, the need, selection, purchase, preservation, preparation, and serving of food, the disposal of waste, and the care of the house. The subjects of definite instruction are cookery, dietetics, marketing, serving, household management, laundry work, and accounts.

(4) *Cookery.*

The preparation of food includes the application of the principles of cookery in the preparation of plain foods, cereals, meats, flour mixtures, salads and desserts. This is the work of the first year. A course in invalid cookery which is supplementary to the study of home nursing and which includes the study of the cause and prevention of disease, is offered in advanced cookery. This is followed by a course in infants' and children's diet. Serving is based upon the principles and practices underlying wholesomeness and attractiveness. The solution of real problems daily in the dining room of the department affords opportunity to acquire readiness in the application of principles.

(5) *Dietetics.*

The course in dietetics treats of the relation of the composition of the body, its waste and repair, to the proportion and kind of food required and the composition of various typical foods, and introduces the student to current dietetic research.

(6) *Household Management.*

In this course the various activities of the home are studied—business management, social and economic problems, organization and division of labor, the question of domestic service, cleaning and care of the various rooms and furnishings of the house.

(7) *Laundry Work.*

The principles of laundry work are taught thru practical application.

(8) *Art.*

The drawing consists of a comprehensive study of line, light, shade and color, with emphasis upon design, and also of simple mechanical drawing. Conscious application of the principles of art as well as the expression of appreciation of beauty is effected in handwork, sewing and house furnishing. The same principle is maintained in all forms of written work, food and physiological charts.

(9) *Art, applied.*

The constructive work embraces handwork (weaving, basketry, simple

embroidery, stenciling and woodwork) and hand and machine sewing. Patterns are drafted for undergarments and plain dresses, good in design and technique. In the sewing, types of stitches necessary in the plain sewing of the family are taught. In all manual work only such specific activities are encouraged as are believed to be artistic, constructive and pedagogically correct.

(10) *House Construction and Furnishing.*

Today it is realized that the woman who is to plan and furnish a house needs some instruction that will be of value to her in creating a home where beauty and harmony and perfection of form will produce an environment conducive of right living. That this may be accomplished, a course is offered in house planning, decoration and furnishing.

(11) *English.*

The aim of the work in English is to secure facility in accurate oral and written expression.

Summary

Considering the course as a whole—in the first year the *educational* aspect of the work is emphasized, in the second, the *professional.* The ability to teach successfully in practice classes, and to work skillfully, economically and harmoniously under any conditions which may arise, is essential to the satisfactory completion of the course.

All students enrolled in Course AIII will be required to pay a supply fee of three dollars a semester payable upon registration.

MATRONS' COURSE

The work offered for housekeeper's training will consist of three courses. Each course will be of three months' duration averaging two hours per week. A tuition fee, payable in advance and sufficient to cover the cost of materials used, will be charged for each course.

The FIRST COURSE will be devoted to the preparation of plain foods, such as eggs, cereals, vegetables, meats, soups, warmed-over dishes, fish, batters, cakes, puddings, breads, and pastry.

The SECOND COURSE will be devoted to the preparation of salads, souffles, meats, fish, entrees, desserts, pastry, canning and preserving, candies, and frozen desserts.

The THIRD COURSE will include the more advanced work in fancy cookery and the serving of formal and informal meals. Attention will be given to planning balanced meals for the family dietary.

TRAINING OF RURAL SCHOOL TEACHERS

Courses Offered

Since June 1909, this institution has offered a special course for the training of teachers for the rural schools of Idaho. This is a professional course of one year open to any student who has completed the ninth grade of the public schools of the state. Teachers who hold second grade certificates are also eligible for admission to this course.

The course outlined for the year 1910-1911 comprises (1) thoro reviews of the subjects of the public school course generally known as the "common branches" and instruction in methods of teaching the same in rural schools; (2) professional courses consisting of Rural Sociology (a discussion of the rural school in its relation to the rural community) Rural School Management, Rural Arts (the manual and domestic arts adapted to rural schools) and Rural Science (Elementary Agriculture, School Gardening and Nature Study) and (3) observation of the actual daily work of a model rural school and practice in teaching in the same.

Arrangements have been made so that the Lewiston Independent District will cooperate with the State Normal School by permitting the use of the rural school east of the city as a model rural school. The daily program of students taking this course will be so arranged that one day a week may be spent during the first semester in the observation of the actual work in the model rural school, and the same day during the second semester will be devoted to practice teaching by students in training. The work of the Rural Practice School will be under the direction of Miss Frazee whose ability has been well proven by her successful work in Idaho during the past three years and she will be assisted by one critic teacher who will be chosen from one of the model rural schools in the middle west.

Opportunities for Rural Teachers

From information obtained directly from delegates to the County Trustees' Institutes in the various counties of the state there is no question but that all who successfully complete this special training course can easily obtain salaries ranging from $65 to $75 a month and upward. The trustees are demanding

COMMENCING SCHOOL GARDENS, 1910

well trained teachers and are willing to pay salaries that will attract such teachers, so that, viewed from a financial standpoint it is much more profitable for teachers in rural schools than for teachers engaged in towns and cities. The school this year made one appointment at $100 a month for a term of nine months in an ungraded school. In view of the fact that this field of work is now receiving such special attention in Idaho, it may safely be said that it is the most promising field now open in the elementary schools of the state, and young men and women who plan to take up the work of teaching should not hestitate to avail themselves of the opportunities now open to them thru the work of this department.

EXTENSION WORK FOR RURAL SCHOOLS

During the past year this institution has, in cooperation with the State Superintendent of Public Instruction and the county superintendents and trustees of the several counties of the state, done much work which has awakened a new interest in the welfare of the rural schools of Idaho. Both the State Superintendent of Public Instruction and the county superintendents have done all in their power to assist the trustees in their work and this department of the Normal School in its work, and it is expected that much more can be accomplished during the session of 1910-1911.

During the past year extension work has been done thru:

(1) Planning rural school buildings for districts where new buildings were being erected.

(2) Assisting by advising definitely as to the selection of equipment and supplying data concerning the cost of same.

(3) Lecturing at County Trustees' Institutes on topics of vital importance to rural schools such as, "Sanitation and Hygiene," "Vocational Training in Rural Schools," "Manual Arts in Rural Schools," "Rural School Libraries" and the "Relation of the Rural School to Rural Welfare."

(4) Directing work in Elementary Agriculture, School Gardening and Manual and Domestic Arts for Rural Schools.

(5) Advising directors and assisting them in the selection of suitable books for the rural school library and giving instructions on the protection and care of all books.

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(6) Supplying especially trained teachers for rural schools.

It is the policy of the school not only to continue these lines of effort but also to undertake to visit many rural districts thruout the state in company with the county superintendents for the purpose of advising and helping wherever such assistance is needed, so that the general welfare and efficiency of the rural schools may be promoted.

Bulletins on "Rural School Buildings and Equipment" and on "Rural School Libraries" will be issued this year for free distribution to the directors of rural school districts thruout the state. Inquiries made by school directors will receive prompt attention.

TRAINING SCHOOL ANNOUNCEMENTS

FACULTY

SAMUEL W. BROWN, ... *Dean of the Professional School.*
..... *Director and Supervisor.*
WILLIAM R. BISHOP ..... *Principal.*
BERNICE MCCOY ..... *Training Teacher, Seventh and Eighth Grades.*
MABEL BRASHER ..... *Training Teacher, Fifth and Sixth Grades.*
CLARA E. KAPS ..... *Training Teacher, Third and Fourth Grades.*
MAUD BROWN CURTISS,
Training Teacher, First and Second Grades.

On account of the difficulty experienced in the past few years in the matter of maintaining uniformity in the books and supplies of the children of the first four grades, and further because of the fact that the school can supply these much more economically, it has been decided that the school will supply all children in the first four grades with books and working materials.

In view of the fact that this will save the parents of these children this outlay, a nominal fee of one dollar a semester payable at the opening of each semester will be collected from all children enrolled in the first four grades. It will be noted that the amount of this fee is considerably less than the cost of equipping the same child for school work according to the plan followed heretofore.

The fall term of the Training School will begin Tuesday, at 9 a. m., September 13, 1911.